



HURON-PERTH CATHOLIC

District School Board

Sun Safety

Adopted:	March 29, 2005	Policy #:	P 2.1.22.
Revised:	June 16, 2025	Policy Category:	School Operations

BELIEF STATEMENT:

The Huron-Perth Catholic District School Board is committed to fostering a sun-safe environment that prioritizes the health and well-being of students and staff. Recognizing the shared responsibility of the Catholic school community, the Board will implement UV protection strategies and promote sun safety awareness.

At the same time, the Board acknowledges the positive health benefits of appropriate sun , including the natural production of Vitamin D, which supports bone health, immune function, and overall well-being. Our approach encourages balanced, informed decisions that promote both protection from overexposure and appreciation for the sun's role in a healthy lifestyle.

POLICY STATEMENT:

The Huron-Perth Catholic District School Board is committed to promoting the health, safety, and well-being of all students and staff. Recognizing the shared responsibility among staff, parents/guardians, and the broader Catholic school community, the Board acknowledges the importance of minimizing exposure to harmful Ultraviolet (UV) radiation.

In fulfillment of its duty to provide a safe and supportive learning environment, the Board will implement and promote sun safety measures aimed at reducing UV exposure during regular school hours and during outdoor school-related activities. These strategies will reflect a proactive approach to health protection and will be communicated and modeled throughout the school community.

PROCEDURE:

The Board, in collaboration with the Huron-Perth Public Health Unit, has developed Sun Safety Guidelines informed by current research and best practices. These guidelines outline effective sun protection strategies and provide practical measures to reduce UV exposure, ensuring a safe and healthy environment for students and staff.

School principals shall administer and implement the Sun Safety Guidelines within their Catholic schools and inform all parents/guardians of the strategies outlined in the Guidelines. While schools will promote sun safety awareness and practices, it is the responsibility of parents and guardians to provide their children with appropriate sun protection items, such as sunscreen, hats, and sunglasses, to support their child's safety and well-being during outdoor activities.

DEFINITIONS:

- N/A

REFERENCES:

- N/A

RESOURCES, APPENDICES AND FORMS:

- Appendix A - Sample Sunscreen Letter to Parents/Guardians
- Appendix B - Sun Facts
- Appendix C - Heat- Related Illnesses
- Appendix D - Sun Safety Website
- Appendix E - School Announcements
- Appendix F - School Newsletter Inserts
- Appendix G - Social Media Posts
- Sun Safety Guidelines