



HURON-PERTH CATHOLIC

District School Board

Concussion Management

Adopted:	April 27, 2015	Policy #:	P 2.1.19.
Revised:	February 24, 2020	Policy Category:	2.1. School Operations

POLICY STATEMENT:

The Huron-Perth Catholic District School Board is committed to helping all students succeed and lead safe, healthy and active lives. To this end, the HPCDSB supports concussion awareness, prevention identification, management tracking and training in our schools.

The Board is also committed to protecting and promoting student health and safety while in its care. To this end, in matters pertaining to significant public health issues, the board will seek direction from Huron Perth Public Health.

The Board believes that the ongoing provision of relevant health information and health care needs of students is primarily the responsibility of the parents and guardians.

PROCEDURE:

The Concussion Policy Guidelines outline corresponding practices and strategies to implement these practices.

School principals shall administer and implement the Concussion Policy Guidelines within their Catholic schools and inform all parents/guardians of the corresponding strategies.

Roles and Responsibilities

Principal

The principal of each school shall be responsible for the adherence to the concussion protocol. In case of the principal's absence, the vice-principal or the teacher designated to be in charge shall assume this responsibility.

The Principal shall ensure that:

- Individuals participating in board-sponsored interschool sports, including students, parents, coaches, team trainers and officials, have reviewed the approved Concussion Awareness Resources annually and track the confirmation of the review
- School staff participate in annual concussion training
- An OSBIE report be completed immediately when a student sustains a head injury
- All staff are aware that The Tool to Identify a Suspected Concussion (Appendix B) is in the First Aid Kit if a student hits their head
- Parents are given all forms as necessary
- Appendix D, Documentation of Medical Examination, has been completed and received for all suspected concussions

- If a concussion is diagnosed by a medical practitioner, parents/guardians are provided with the Concussion Management Procedures: Return to Learn and Return to Physical Activity (Appendix C) and Documentation for a Diagnosed Concussion – Return to Learn/Return to Physical Activity Plan (Appendix E)

Staff

The Staff/Coach shall:

- Participate in annual concussion training
- Review the Code of Conduct for individuals participating in board-sponsored interschool sports
- Ensure an athlete suspected of incurring a concussion or injury has been removed from field of play/learning environment
- Use Appendix B, Tool to Identify a Suspected Concussion, as a tool to help identify a suspected concussion
- Ensure that the student does not participate
- Be sure the student is not left alone
- Monitor the student/athlete closely for any signs and symptoms of possible physical, mental or emotional changes (Appendix B)
- Inform the Parent/Guardian of the suspicion of a concussion and the important need to have the head injury evaluated by a medical doctor as soon as possible
- Inform the school office as soon as possible
- Complete an OSBIE form –These forms are available in your school office (Appendix G).

If Loss of Consciousness

The staff/coach is to:

- Initiate Emergency Action Plan – call 911.
- Assume there is a possible neck injury and try to limit the movement of the student.
- Stay with the student and monitor for signs of deterioration (signs of physical, mental or emotional changes) until Emergency Medical Services arrive.

Parent(s)/Guardian(s)

The Parent(s)/Guardian(s) shall:

- review the approved Concussion Awareness Resources and Code of Conduct prior to their child participating in board-sponsored interschool sports.
- Inform the school when a student receives a head injury or concussion outside of the school day.
- Be familiar with and follow the mandatory protocol.
- Communicate regularly with the school to support the return of the child to school.

DEFINITIONS:

- N/A

REFERENCES:

- www.ophea.net
- Policy/Program Memorandum 158
- Rowan's Law, 2018

RESOURCES, APPENDICES AND FORMS:

- N/A